

2019 NONPUBLIC REGION YOUTH RISK BEHAVIOR SURVEY

HIGH SCHOOL FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 602 high school students in Nonpublic Region during February of 2019. Frequency distributions may not total 602 due to nonresponse and percents may not total 100 percent due to rounding.

Question	Responses	Count	Percent
Q-1. How old are you?			
A.	12 years old or younger	2	0.33%
B.	13 years old	0	0.00%
C.	14 years old	56	9.32%
D.	15 years old	138	22.96%
E.	16 years old	152	25.29%
F.	17 years old	155	25.79%
G.	18 years old or older	98	16.31%
	TOTALS	601	100.00%
Q-2. What is your sex?			
A.	Female	296	49.58%
B.	Male	301	50.42%
	TOTALS	597	100.00%
Q-3. In what grade are you?			
A.	9th grade	145	24.33%
B.	10th grade	133	22.32%
C.	11th grade	172	28.86%
D.	12th grade	145	24.33%
E.	Ungraded or other grade	1	0.17%
	TOTALS	596	100.00%
Q-4. Are you Hispanic or Latino?			
A.	Yes	46	7.76%
B.	No	547	92.24%
	TOTALS	593	100.00%
Q-5. What is your race?			
A.	American Indian or Alaskan Native	34	5.44%
B.	Asian	25	4.00%
C.	Black or African American	13	2.08%
D.	Native Hawaiian or Other Pacific Islander	8	1.28%
E.	White	545	87.20%
	TOTALS	625	100.00%

Q-6. How tall are you without your shoes on?			
A.	Less than 4 ft	0	0.00%
B.	4ft to 4 ft, 6 in	1	0.17%
C.	4ft, 7in to 5 ft	9	1.52%
D.	5ft, 1in to 5ft, 6in	208	35.14%
E.	Over 5ft, 6in	374	63.18%
TOTALS		592	100.00%

Q-7. How much do you weigh without your shoes on?			
A.	Less than 90 lbs	1	0.17%
B.	90-99 lbs	4	0.68%
C.	100-109 lbs	22	3.74%
D.	110-119lbs	54	9.18%
E.	120-129 lbs	85	14.46%
F.	130-139 lbs	88	14.97%
G.	140 lbs +	334	56.80%
TOTALS		588	100.00%

Q-8. How often do you wear a seat belt when riding in a car driven by someone else?			
A.	Never	14	2.34%
B.	Rarely	18	3.01%
C.	Sometimes	24	4.01%
D.	Most of the time	152	25.38%
E.	Always	391	65.28%
TOTALS		599	100.00%

Q-9. How often do you wear a seat belt when driving a car?			
A.	I do not drive a car	66	11.00%
B.	Never	7	1.17%
C.	Rarely	12	2.00%
D.	Sometimes	20	3.33%
E.	Most of the time	78	13.00%
F.	Always	417	69.50%
TOTALS		600	100.00%

Q-10. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?			
A.	0 times	500	83.47%
B.	1 time	55	9.18%
C.	2 or 3 times	28	4.67%
D.	4 or 5 times	7	1.17%
E.	6 or more times	9	1.50%
TOTALS		599	100.00%

Q-11. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?

A.	I did not drive a car or other vehicle during the past 30 days	113	18.93%
B.	0 times	447	74.87%
C.	1 time	23	3.85%
D.	2 or 3 times	11	1.84%
E.	4 or 5 times	2	0.34%
F.	6 or more times	1	0.17%
TOTALS		597	100.00%

Q-12. During the past 30 days, on how many days did you text or e-mail while driving a car or other vehicle?

A.	I did not drive a car or other vehicle during the past 30 days	91	15.19%
B.	0 days	177	29.55%
C.	1 or 2 days	83	13.86%
D.	3 to 5 days	48	8.01%
E.	6 to 9 days	38	6.34%
F.	10 to 19 days	35	5.84%
G.	20 to 29 days	38	6.34%
H.	All 30 days	89	14.86%
TOTALS		599	100.00%

Q-13. During the past 30 days, on how many days did you use the Internet or apps on your cell phone (such as YouTube, Instagram, or Facebook) while driving a car or other vehicle? (Do not count using your cell phone to get driving directions or to determine your location.)

A.	I did not drive a car or other vehicle during the past 30 days	95	15.89%
B.	0 days	218	36.45%
C.	1 or 2 days	74	12.37%
D.	3 to 5 days	34	5.69%
E.	6 to 9 days	23	3.85%
F.	10 to 19 days	28	4.68%
G.	20 to 29 days	38	6.35%
H.	All 30 days	88	14.72%
TOTALS		598	100.00%

Q-14. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?

A.	0 days	497	82.83%
B.	1 day	25	4.17%
C.	2 or 3 days	29	4.83%
D.	4 or 5 days	13	2.17%
E.	6 or more days	36	6.00%
TOTALS		600	100.00%

Q-15. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?			
A.	0 days	574	95.67%
B.	1 day	11	1.83%
C.	2 or 3 days	5	0.83%
D.	4 or 5 days	4	0.67%
E.	6 or more days	6	1.00%
TOTALS		600	100.00%

Q-16. During the past 12 months, on how many days did you carry a gun? (Do not count the days when you carried a gun only for hunting or for a sport, such as target shooting.)			
A.	0 days	564	94.31%
B.	1 day	5	0.84%
C.	2 or 3 days	15	2.51%
D.	4 or 5 days	1	0.17%
E.	6 or more days	13	2.17%
TOTALS		598	100.00%

Q-17. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?			
A.	0 days	550	91.36%
B.	1 day	31	5.15%
C.	2 or 3 days	13	2.16%
D.	4 or 5 days	4	0.66%
E.	6 or more days	4	0.66%
TOTALS		602	100.00%

Q-18. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?			
A.	0 times	572	95.02%
B.	1 time	12	1.99%
C.	2 or 3 times	10	1.66%
D.	4 or 5 times	3	0.50%
E.	6 or 7 times	2	0.33%
F.	8 or 9 times	0	0.00%
G.	10 or 11 times	0	0.00%
H.	12 or more times	3	0.50%
TOTALS		602	100.00%

Q-19. During the past 12 months, how many times were you in a physical fight?		
A.	0 times	480 80.40%
B.	1 time	62 10.39%
C.	2 or 3 times	31 5.19%
D.	4 or 5 times	9 1.51%
E.	6 or 7 times	4 0.67%
F.	8 or 9 times	1 0.17%
G.	10 or 11 times	2 0.34%
H.	12 or more times	8 1.34%
TOTALS		597 100.00%

Q-20. During the past 12 months, how many times were you in a physical fight on school property?		
A.	0 times	563 93.68%
B.	1 time	27 4.49%
C.	2 or 3 times	6 1.00%
D.	4 or 5 times	1 0.17%
E.	6 or 7 times	2 0.33%
F.	8 or 9 times	0 0.00%
G.	10 or 11 times	0 0.00%
H.	12 or more times	2 0.33%
TOTALS		601 100.00%

Q-21. Have you ever been physically forced to have sexual intercourse when you did not want to?		
A.	Yes	45 7.49%
B.	No	556 92.51%
TOTALS		601 100.00%

Q-22. During the past 12 months, how many times did anyone force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)		
A.	0 times	519 87.08%
B.	1 time	37 6.21%
C.	2 or 3 times	24 4.03%
D.	4 or 5 times	5 0.84%
E.	6 or more times	11 1.85%
TOTALS		596 100.00%

Q-23. During the past 12 months, how many times did someone you were dating or going out with force you to do sexual things that you did not want to do? (Count such things as kissing, touching, or being physically forced to have sexual intercourse.)		
A.	I did not date or go out with anyone during the past 12 months	223 37.29%
B.	0 times	331 55.35%
C.	1 time	17 2.84%
D.	2 or 3 times	16 2.68%
E.	4 or 5 times	7 1.17%
F.	6 or more times	4 0.67%
TOTALS		598 100.00%

Q-24. During the past 12 months, how many times did someone you were dating or going out with physically hurt you on purpose? (Count such things as being hit, slammed into something, or injured with an object or weapon.)			
A.	I did not date or go out with anyone during the past 12 months	218	36.33%
B.	0 times	360	60.00%
C.	1 time	8	1.33%
D.	2 or 3 times	5	0.83%
E.	4 or 5 times	2	0.33%
F.	6 or more times	7	1.17%
TOTALS		600	100.00%
Q-25. During the past 12 months, have you ever been bullied on school property?			
A.	Yes	170	28.67%
B.	No	423	71.33%
TOTALS		593	100.00%
Q-26. During the past 12 months, have you ever been electronically bullied? (Count being bullied through texting, Instagram, Facebook, or other social media.)			
A.	Yes	108	17.94%
B.	No	494	82.06%
TOTALS		602	100.00%
Q-27. During the past 12 months, have you ever been the victim of teasing or name calling because someone thought you were gay, lesbian, or bisexual?			
A.	Yes	83	13.79%
B.	No	519	86.21%
TOTALS		602	100.00%
Q-28. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?			
A.	Yes	191	32.21%
B.	No	402	67.79%
TOTALS		593	100.00%
Q-29. During the past 12 months, did you ever seriously consider attempting suicide?			
A.	Yes	100	16.67%
B.	No	500	83.33%
TOTALS		600	100.00%
Q-30. During the past 12 months, did you make a plan about how you would attempt suicide?			
A.	Yes	83	14.00%
B.	No	510	86.00%
TOTALS		593	100.00%
Q-31. During the past 12 months, how many times did you actually attempt suicide?			
A.	0 times	539	89.98%
B.	1 time	42	7.01%
C.	2 or 3 times	13	2.17%
D.	4 or 5 times	3	0.50%
E.	6 or more times	2	0.33%
TOTALS		599	100.00%

Q-32. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

A.	I did not attempt suicide during the past 12 months	535	89.32%
B.	Yes	21	3.51%
C.	No	43	7.18%
TOTALS		599	100.00%

Q-33. Have you ever tried cigarette smoking, even one or two puffs?

A.	Yes	118	19.73%
B.	No	480	80.27%
TOTALS		598	100.00%

Q-34. How old were you when you first tried cigarette smoking, even one or two puffs?

A.	I have never tried cigarette smoking, not even one or two puffs	488	81.47%
B.	8 years old or younger	10	1.67%
C.	9 or 10 years old	4	0.67%
D.	11 or 12 years old	11	1.84%
E.	13 or 14 years old	30	5.01%
F.	15 or 16 years old	39	6.51%
G.	17 years old or older	17	2.84%
TOTALS		599	100.00%

Q-35. During the past 30 days, on how many days did you smoke cigarettes?

A.	0 days	571	94.85%
B.	1 or 2 days	13	2.16%
C.	3 to 5 days	5	0.83%
D.	6 to 9 days	2	0.33%
E.	10 to 19 days	3	0.50%
F.	20 to 29 days	4	0.66%
G.	All 30 days	4	0.66%
TOTALS		602	100.00%

Q-36. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

A.	I did not smoke cigarettes during the past 30 days	571	95.01%
B.	Less than 1 cigarette per day	13	2.16%
C.	1 cigarette per day	6	1.00%
D.	2 to 5 cigarettes per day	7	1.16%
E.	6 to 10 cigarettes per day	2	0.33%
F.	11 to 20 cigarettes per day	0	0.00%
G.	More than 20 cigarettes per day	2	0.33%
TOTALS		601	100.00%

Q-37. Have you ever used an electronic vapor product?

A.	Yes	329	55.02%
B.	No	269	44.98%
TOTALS		598	100.00%

Q-38. During the past 30 days, on how many days did you use an electronic vapor product?			
A.	0 days	368	61.13%
B.	1 or 2 days	87	14.45%
C.	3 to 5 days	39	6.48%
D.	6 to 9 days	28	4.65%
E.	10 to 19 days	31	5.15%
F.	20 to 29 days	18	2.99%
G.	All 30 days	31	5.15%
	TOTALS	602	100.00%
Q-39. During the past 30 days, on how many days did you use an electronic vapor product on school property?			
A.	0 days	515	85.83%
B.	1 or 2 days	37	6.17%
C.	3 to 5 days	12	2.00%
D.	6 to 9 days	10	1.67%
E.	10 to 19 days	10	1.67%
F.	20 to 29 days	5	0.83%
G.	All 30 days	11	1.83%
	TOTALS	600	100.00%
Q-40. During the past 30 days, how did you usually get your own electronic vapor products? (Select only one response.)			
A.	I did not use any electronic vapor products during the past 30 days	360	60.61%
B.	I bought them in a store such as a convenience store, supermarket, discount store, gas station, or vape store	32	5.39%
C.	I got them on the Internet	5	0.84%
D.	I gave someone else money to buy them for me	40	6.73%
E.	I borrowed them from someone else	117	19.70%
F.	A person who can legally buy these products gave them to me	17	2.86%
G.	I took them from a store or another person	2	0.34%
H.	I got them some other way	21	3.54%
	TOTALS	594	100.00%
Q-41. What is the main reason you have used electronic vapor products? (Select only one response.)			
A.	I have never used an electronic vapor product	284	47.33%
B.	Friend or family member used them	95	15.83%
C.	To try to quit using other tobacco products	5	0.83%
D.	They cost less than other tobacco products	1	0.17%
E.	They are easier to get than other tobacco products	6	1.00%
F.	They are less harmful than other forms of tobacco	19	3.17%
G.	They are available in flavors, such as mint, candy, fruit, or chocolate	32	5.33%
H.	I used them for some other reason	158	26.33%
	TOTALS	600	100.00%

Q-42. During the past 30 days, on how many days did you use chewing tobacco, snuff, dip, snus, or dissolvable tobacco products, such as Copenhagen, Grizzly, Skoal, or Camel Snus? (Do not count any electronic vapor products.)		
A.	0 days	567 94.82%
B.	1 or 2 days	15 2.51%
C.	3 to 5 days	5 0.84%
D.	6 to 9 days	6 1.00%
E.	10 to 19 days	2 0.33%
F.	20 to 29 days	1 0.17%
G.	All 30 days	2 0.33%
TOTALS		598 100.00%
Q-43. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
A.	0 days	541 90.62%
B.	1 or 2 days	39 6.53%
C.	3 to 5 days	6 1.01%
D.	6 to 9 days	4 0.67%
E.	10 to 19 days	3 0.50%
F.	20 to 29 days	0 0.00%
G.	All 30 days	4 0.67%
TOTALS		597 100.00%
Q-44. During the past 12 months, did you ever try to quit using all tobacco products, including cigarettes, cigars, smokeless tobacco, shisha or hookah tobacco, and electronic vapor products?		
A.	I did not use any tobacco products during the past 12 months	420 69.88%
B.	Yes	102 16.97%
C.	No	79 13.14%
TOTALS		601 100.00%
Q-45. How old were you when you had your first drink of alcohol other than a few sips?		
A.	I have never had a drink of alcohol other than a few sips	224 37.33%
B.	8 years old or younger	18 3.00%
C.	9 or 10 years old	15 2.50%
D.	11 or 12 years old	23 3.83%
E.	13 or 14 years old	112 18.67%
F.	15 or 16 years old	176 29.33%
G.	17 years old or older	32 5.33%
TOTALS		600 100.00%

Q-46. During the past 30 days, on how many days did you have at least one drink of alcohol?			
A.	0 days	383	64.05%
B.	1 or 2 days	121	20.23%
C.	3 to 5 days	56	9.36%
D.	6 to 9 days	27	4.52%
E.	10 to 19 days	6	1.00%
F.	20 to 29 days	2	0.33%
G.	All 30 days	3	0.50%
TOTALS		598	100.00%

Q-47. During the past 30 days, on how many days did you have 4 or more drinks of alcohol in a row, that is, within a couple of hours (if you are female) or 5 or more drinks of alcohol in a row, that is, within a couple of hours (if you are male)?			
A.	0 days	470	78.07%
B.	1 day	72	11.96%
C.	2 days	30	4.98%
D.	3 to 5 days	19	3.16%
E.	6 to 9 days	5	0.83%
F.	10 to 19 days	3	0.50%
G.	20 or more days	3	0.50%
TOTALS		602	100.00%

Q-48. During the past 30 days, what is the largest number of alcoholic drinks you had in a row, that is, within a couple of hours?			
A.	I did not drink alcohol during the past 30 days	381	63.50%
B.	1 or 2 drinks	74	12.33%
C.	3 drinks	26	4.33%
D.	4 drinks	32	5.33%
E.	5 drinks	22	3.67%
F.	6 or 7 drinks	30	5.00%
G.	8 or 9 drinks	12	2.00%
H.	10 or more drinks	23	3.83%
TOTALS		600	100.00%

Q-49. During the past 30 days, how did you usually get the alcohol you drank?			
A.	I did not drink alcohol during the past 30 days	374	63.07%
B.	I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	8	1.35%
C.	I bought it at a restaurant, bar, or club	3	0.51%
D.	I bought it at a public event such as a concert or sporting event	1	0.17%
E.	I gave someone else money to buy it for me	58	9.78%
F.	Someone gave it to me	93	15.68%
G.	I took it from a store or family member	20	3.37%
H.	I got it some other way	36	6.07%
TOTALS		593	100.00%

Q-50. During your life, how many times have you used marijuana?			
A.	0 times	445	74.04%
B.	1 or 2 times	46	7.65%
C.	3 to 9 times	43	7.15%
D.	10 to 19 times	16	2.66%
E.	20 to 39 times	19	3.16%
F.	40 to 99 times	12	2.00%
G.	100 or more times	20	3.33%
TOTALS		601	100.00%

Q-51. How old were you when you tried marijuana for the first time?			
A.	I have never tried marijuana	445	74.04%
B.	8 years old or younger	7	1.16%
C.	9 or 10 years old	2	0.33%
D.	11 or 12 years old	11	1.83%
E.	13 or 14 years old	33	5.49%
F.	15 or 16 years old	71	11.81%
G.	17 years old or older	32	5.32%
TOTALS		601	100.00%

Q-52. During the past 30 days, how many times did you use marijuana?			
A.	0 times	519	86.79%
B.	1 or 2 times	44	7.36%
C.	3 to 9 times	16	2.68%
D.	10 to 19 times	2	0.33%
E.	20 to 39 times	6	1.00%
F.	40 or more times	11	1.84%
TOTALS		598	100.00%

Q-53. During your life, how many times have you used synthetic marijuana?			
A.	0 times	567	94.34%
B.	1 or 2 times	22	3.66%
C.	3 to 9 times	5	0.83%
D.	10 to 19 times	5	0.83%
E.	20 to 39 times	1	0.17%
F.	40 or more times	1	0.17%
TOTALS		601	100.00%

Q-54. During your life, how many times have you taken prescription pain medicine without a doctor's prescription or differently than how a doctor told you to use it?

A.	0 times	544	90.82%
B.	1 or 2 times	35	5.84%
C.	3 to 9 times	14	2.34%
D.	10 to 19 times	1	0.17%
E.	20 to 39 times	3	0.50%
F.	40 or more times	2	0.33%
TOTALS		599	100.00%

Q-55. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

A.	0 times	575	96.96%
B.	1 or 2 times	8	1.35%
C.	3 to 9 times	4	0.67%
D.	10 to 19 times	2	0.34%
E.	20 to 39 times	0	0.00%
F.	40 or more times	4	0.67%
TOTALS		593	100.00%

Q-56. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

A.	0 times	567	94.66%
B.	1 or 2 times	21	3.51%
C.	3 to 9 times	8	1.34%
D.	10 to 19 times	1	0.17%
E.	20 to 39 times	0	0.00%
F.	40 or more times	2	0.33%
TOTALS		599	100.00%

Q-57. During your life, how many times have you used heroin (also called smack, junk, or China White)?

A.	0 times	591	98.66%
B.	1 or 2 times	1	0.17%
C.	3 to 9 times	2	0.33%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	2	0.33%
F.	40 or more times	3	0.50%
TOTALS		599	100.00%

Q-58. During your life, how many times have you used methamphetamines (also called speed, crystal meth, crank, ice, or meth)?

A.	0 times	582	97.65%
B.	1 or 2 times	7	1.17%
C.	3 to 9 times	0	0.00%
D.	10 to 19 times	2	0.34%
E.	20 to 39 times	2	0.34%
F.	40 or more times	3	0.50%
TOTALS		596	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-59. During your life, how many times have you used ecstasy (also called MDMA)?			
A.	0 times	583	97.33%
B.	1 or 2 times	9	1.50%
C.	3 to 9 times	5	0.83%
D.	10 to 19 times	0	0.00%
E.	20 to 39 times	0	0.00%
F.	40 or more times	2	0.33%
TOTALS		599	100.00%
Q-60. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?			
A.	0 times	590	98.33%
B.	1 or 2 times	6	1.00%
C.	3 to 9 times	1	0.17%
D.	10 to 19 times	1	0.17%
E.	20 to 39 times	0	0.00%
F.	40 or more times	1	0.17%
TOTALS		600	100.00%
Q-61. During your life, how many times have you used a needle to inject any illegal drug into your body?			
A.	0 times	589	98.49%
B.	1 time	6	1.00%
C.	2 or more times	3	0.50%
TOTALS		598	100.00%
Q-62. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?			
A.	Yes	123	20.53%
B.	No	476	79.47%
TOTALS		599	100.00%
Q-63. Have you ever had sexual intercourse?			
A.	Yes	211	35.34%
B.	No	386	64.66%
TOTALS		597	100.00%
Q-64. How old were you when you had sexual intercourse for the first time?			
A.	I have never had sexual intercourse	385	64.38%
B.	11 years old or younger	16	2.68%
C.	12 years old	4	0.67%
D.	13 years old	7	1.17%
E.	14 years old	32	5.35%
F.	15 years old	67	11.20%
G.	16 years old	59	9.87%
H.	17 years old or older	28	4.68%
TOTALS		598	100.00%

Q-65. During your life, with how many people have you had sexual intercourse?			
A.	I have never had sexual intercourse	398	66.44%
B.	1 person	94	15.69%
C.	2 people	37	6.18%
D.	3 people	26	4.34%
E.	4 people	12	2.00%
F.	5 people	12	2.00%
G.	6 or more people	20	3.34%
TOTALS		599	100.00%
Q-66. During the past 3 months, with how many people did you have sexual intercourse?			
A.	I have never had sexual intercourse	389	65.05%
B.	I have had sexual intercourse, but not during the past 3 months	75	12.54%
C.	1 person	108	18.06%
D.	2 people	14	2.34%
E.	3 people	7	1.17%
F.	4 people	1	0.17%
G.	5 people	1	0.17%
H.	6 or more people	3	0.50%
TOTALS		598	100.00%
Q-67. Did you drink alcohol or use drugs before you had sexual intercourse the last time?			
A.	I have never had sexual intercourse	384	64.54%
B.	Yes	40	6.72%
C.	No	171	28.74%
TOTALS		595	100.00%
Q-68. The last time you had sexual intercourse, did you or your partner use a condom?			
A.	I have never had sexual intercourse	388	64.99%
B.	Yes	125	20.94%
C.	No	84	14.07%
TOTALS		597	100.00%
Q-69. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.)			
A.	I have never had sexual intercourse	386	64.77%
B.	No method was used to prevent pregnancy	19	3.19%
C.	Birth control pills	56	9.40%
D.	Condoms	86	14.43%
E.	An IUD (such as Mirena or ParaGard) or implant (such as Implanon or Nexplanon)	14	2.35%
F.	A shot (such as Depo-Provera), patch (such as Ortho Evra), or birth control ring (such as NuvaRing)	7	1.17%
G.	Withdrawal or some other method	17	2.85%
H.	Not sure	11	1.85%
TOTALS		596	100.00%

Q-70. How do you describe your weight?			
A.	Very underweight	20	3.34%
B.	Slightly underweight	83	13.88%
C.	About the right weight	340	56.86%
D.	Slightly overweight	130	21.74%
E.	Very overweight	25	4.18%
TOTALS		598	100.00%

Q-71. Which of the following are you trying to do about your weight?			
A.	Lose weight	233	39.16%
B.	Gain weight	129	21.68%
C.	Stay the same weight	111	18.66%
D.	I am not trying to do anything about my weight	122	20.50%
TOTALS		595	100.00%

Q-72. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)			
A.	I did not drink 100% fruit juice during the past 7 days	192	32.21%
B.	1 to 3 times during the past 7 days	241	40.44%
C.	4 to 6 times during the past 7 days	73	12.25%
D.	1 time per day	48	8.05%
E.	2 times per day	19	3.19%
F.	3 times per day	12	2.01%
G.	4 or more times per day	11	1.85%
TOTALS		596	100.00%

Q-73. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)			
A.	I did not eat fruit during the past 7 days	50	8.43%
B.	1 to 3 times during the past 7 days	176	29.68%
C.	4 to 6 times during the past 7 days	144	24.28%
D.	1 time per day	86	14.50%
E.	2 times per day	85	14.33%
F.	3 times per day	32	5.40%
G.	4 or more times per day	20	3.37%
TOTALS		593	100.00%

Q-74. During the past 7 days, how many times did you eat green salad?			
A.	I did not eat green salad during the past 7 days	166	27.81%
B.	1 to 3 times during the past 7 days	259	43.38%
C.	4 to 6 times during the past 7 days	104	17.42%
D.	1 time per day	49	8.21%
E.	2 times per day	14	2.35%
F.	3 times per day	2	0.34%
G.	4 or more times per day	3	0.50%
TOTALS		597	100.00%

Q-75. During the past 7 days, how many times did you eat potatoes? (Do not count french fries, fried potatoes, or potato chips.)			
A.	I did not eat potatoes during the past 7 days	177	29.70%
B.	1 to 3 times during the past 7 days	309	51.85%
C.	4 to 6 times during the past 7 days	83	13.93%
D.	1 time per day	13	2.18%
E.	2 times per day	8	1.34%
F.	3 times per day	1	0.17%
G.	4 or more times per day	5	0.84%
TOTALS		596	100.00%

Q-76. During the past 7 days, how many times did you eat carrots?			
A.	I did not eat carrots during the past 7 days	239	40.30%
B.	1 to 3 times during the past 7 days	244	41.15%
C.	4 to 6 times during the past 7 days	62	10.46%
D.	1 time per day	30	5.06%
E.	2 times per day	10	1.69%
F.	3 times per day	1	0.17%
G.	4 or more times per day	7	1.18%
TOTALS		593	100.00%

Q-77. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)			
A.	I did not eat other vegetables during the past 7 days	93	15.66%
B.	1 to 3 times during the past 7 days	228	38.38%
C.	4 to 6 times during the past 7 days	136	22.90%
D.	1 time per day	73	12.29%
E.	2 times per day	43	7.24%
F.	3 times per day	10	1.68%
G.	4 or more times per day	11	1.85%
TOTALS		594	100.00%

Q-78. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)			
A.	I did not drink soda or pop during the past 7 days	193	32.33%
B.	1 to 3 times during the past 7 days	241	40.37%
C.	4 to 6 times during the past 7 days	95	15.91%
D.	1 time per day	36	6.03%
E.	2 times per day	18	3.02%
F.	3 times per day	4	0.67%
G.	4 or more times per day	10	1.68%
TOTALS		597	100.00%

Q-79. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

A.	I did not drink milk during the past 7 days	123	20.67%
B.	1 to 3 glasses during the past 7 days	158	26.55%
C.	4 to 6 glasses during the past 7 days	99	16.64%
D.	1 glass per day	76	12.77%
E.	2 glasses per day	77	12.94%
F.	3 glasses per day	34	5.71%
G.	4 or more glasses per day	28	4.71%
TOTALS		595	100.00%

Q-80. During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet or sports drinks such as Gatorade or PowerAde.)

A.	I did not drink energy drinks during the past 7 days	470	78.86%
B.	1 to 3 times during the past 7 days	100	16.78%
C.	4 to 6 times during the past 7 days	13	2.18%
D.	1 time per day	8	1.34%
E.	2 times per day	3	0.50%
F.	3 times per day	0	0.00%
G.	4 or more times per day	2	0.34%
TOTALS		596	100.00%

Q-81. During the past 7 days, on how many days did you eat breakfast?

A.	0 days	73	12.37%
B.	1 day	44	7.46%
C.	2 days	56	9.49%
D.	3 days	41	6.95%
E.	4 days	41	6.95%
F.	5 days	45	7.63%
G.	6 days	40	6.78%
H.	7 days	250	42.37%
TOTALS		590	100.00%

Q-82. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

A.	0 days	65	11.07%
B.	1 day	34	5.79%
C.	2 days	41	6.98%
D.	3 days	63	10.73%
E.	4 days	67	11.41%
F.	5 days	81	13.80%
G.	6 days	90	15.33%
H.	7 days	146	24.87%
TOTALS		587	100.00%

CAUTION! Please use this information carefully. Depending on sample size and procedures, the information contained in this report may or may not be representative of the entire student enrollment for the school.

Q-83. On an average school day, how many hours do you watch TV?			
A.	I do not watch TV on an average school day	136	22.93%
B.	Less than 1 hour per day	132	22.26%
C.	1 hour per day	108	18.21%
D.	2 hours per day	121	20.40%
E.	3 hours per day	59	9.95%
F.	4 hours per day	21	3.54%
G.	5 or more hours per day	16	2.70%
TOTALS		593	100.00%

Q-84. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Count time spent playing games, watching videos, texting, or using social media on your smartphone, computer, Xbox, PlayStation, iPad, or other tablet.)			
A.	I do not play video or computer games or use a computer for something that is not school work	124	20.95%
B.	Less than 1 hour per day	83	14.02%
C.	1 hour per day	91	15.37%
D.	2 hours per day	123	20.78%
E.	3 hours per day	64	10.81%
F.	4 hours per day	50	8.45%
G.	5 or more hours per day	57	9.63%
TOTALS		592	100.00%

Q-85. In an average week when you are in school, on how many days do you go to physical education (PE) classes?			
A.	0 days	312	52.97%
B.	1 day	29	4.92%
C.	2 days	41	6.96%
D.	3 days	116	19.69%
E.	4 days	6	1.02%
F.	5 days	85	14.43%
TOTALS		589	100.00%

Q-86. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)			
A.	0 teams	106	17.88%
B.	1 team	130	21.92%
C.	2 teams	168	28.33%
D.	3 or more teams	189	31.87%
TOTALS		593	100.00%

Q-87. During the past 12 months, how many times did you have a concussion from playing a sport or being physically active?			
A.	0 times	490	82.35%
B.	1 time	77	12.94%
C.	2 times	15	2.52%
D.	3 times	8	1.34%
E.	4 or more times	5	0.84%
TOTALS		595	100.00%

Q-88. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work?			
A.	During the past 12 months	506	85.04%
B.	Between 12 and 24 months ago	43	7.23%
C.	More than 24 months ago	15	2.52%
D.	Never	3	0.50%
E.	Not sure	28	4.71%
TOTALS		595	100.00%
Q-89. Has a doctor or nurse ever told you that you have asthma?			
A.	Yes	126	21.28%
B.	No	436	73.65%
C.	Not sure	30	5.07%
TOTALS		592	100.00%
Q-90. On an average school night, how many hours of sleep do you get?			
A.	4 or less hours	31	5.24%
B.	5 hours	56	9.46%
C.	6 hours	163	27.53%
D.	7 hours	180	30.41%
E.	8 hours	136	22.97%
F.	9 hours	23	3.89%
G.	10 or more hours	3	0.51%
TOTALS		592	100.00%
Q-91. During the past 30 days, where did you usually sleep?			
A.	In my parent's or guardian's home	568	95.46%
B.	In the home of a friend, family member, or other person because I had to leave my home or my parent or guardian cannot afford housing	9	1.51%
C.	In a shelter or emergency housing	1	0.17%
D.	In a motel or hotel	3	0.50%
E.	In a car, park, campground, or other public place	4	0.67%
F.	I do not have a usual place to sleep	3	0.50%
G.	Somewhere else	7	1.18%
TOTALS		595	100.00%
Q-92. During the past 12 months, how would you describe your grades in school?			
A.	Mostly A's	391	65.82%
B.	Mostly B's	148	24.92%
C.	Mostly C's	45	7.58%
D.	Mostly D's	4	0.67%
E.	Mostly F's	2	0.34%
F.	None of these grades	0	0.00%
G.	Not sure	4	0.67%
TOTALS		594	100.00%

Q-93. During the past 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed, or tanning booth? (Do not count getting a spray-on tan.)		
A.	0 times	561 94.60%
B.	1 or 2 times	17 2.87%
C.	3 to 9 times	8 1.35%
D.	10 to 19 times	3 0.51%
E.	20 to 39 times	2 0.34%
F.	40 or more times	2 0.34%
	TOTALS	593 100.00%
Q-94. During the past 12 months, did you receive help from a resource teacher, speech therapist or other special education teacher at school?		
A.	Yes	72 12.37%
B.	No	510 87.63%
	TOTALS	582 100.00%